



Nap Time

- Children nap daily in Rooms 1 and 2.
- Naps are an option for children in Room 3 as long as there is space available in the nap rooms.
- Sleep is never a forced issue, however, children must remain in quiet activity on their classroom cots.
- Children who nap will need to bring a crib-sized or half sheet labeled with his or her name. Blankets will be sent home at the end of the week to be cleaned and need to be returned the following Monday.

(more notes on blankets in 'Dress & Clothing Policies' document.)